

COVID-19 and Tobacco

Tobacco users may be at increased risk of getting infected with the coronavirus.

Some characteristics of tobacco use contradict current recommendations on how to prevent COVID-19.

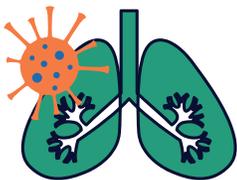


Tobacco use requires increased contact of the fingers (and possibly contaminated cigarette) with the mouth, which makes avoiding touching hands to face difficult.



Tobacco use is often a social activity, which diminishes the chances of safe physical distancing.

Tobacco users may be at increased risk of complications with COVID-19.



People with poor lung function (as a result of tobacco use or anything else) may be at higher risk of complications from COVID-19.



The coronavirus attacks the lungs, so it could pose an especially serious threat to those who use tobacco.



People who use tobacco generally face higher risks of respiratory tract infections, such as lung and chest infections.

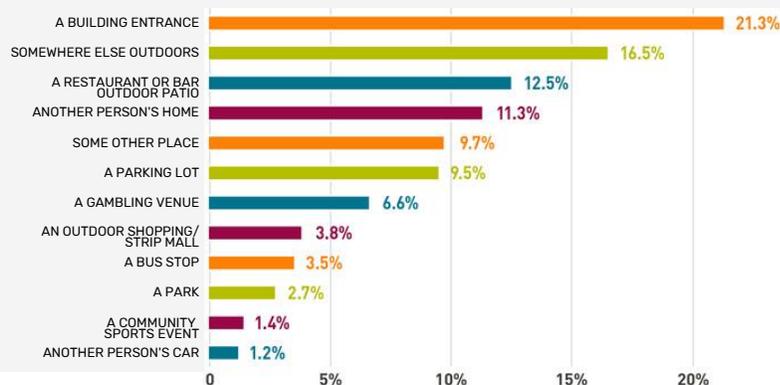


Tobacco use compromises the immune system, making it more challenging to fight infection.

Anyone exposed to secondhand tobacco smoke may be similarly vulnerable to COVID-19 as tobacco users.



PLACES WHERE PEOPLE REPORTED SECONDHAND SMOKE EXPOSURE IN THE LAST 7 DAYS



Truth Initiative, truthinitiative.org, November 2016

You want to provide the safest space for your employees and customers.

As your business is making adjustments to support a healthy space, consider including a tobacco-free policy to further protect them.

If you would like FREE assistance developing, implementing, or reviewing your tobacco-free policy, please contact us.

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TobaccoFreeLancasterCounty.org

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